

Relationships, Sexual Health and Parenthood



SECOND LEVEL PLANNER

Primary 7

Suggested order and online resources from <https://rshp.scot/>

Primary 7 – Progression 2		I can statements
1. Understanding Human Sexuality	<ul style="list-style-type: none"> - Sexuality and Sexual Health - Physical Changes 	<ul style="list-style-type: none"> • I can talk about aspects of human sexuality in relation to myself as an individual. • I recognise what makes me special and unique.
2. Sex: Puberty/how people have sex/how a baby is made and birth	<ul style="list-style-type: none"> - Sexuality and Sexual Health 	<ul style="list-style-type: none"> • I can name the private parts of my body. • I can talk about how puberty results in physical and emotional changes. • I can explain how human life begins, what pregnancy is and how a baby is born. • I can describe what sex/sexual intercourse can involve. • I understand that sex is something adults do in a relationship.
3. How adults plan and prevent a pregnancy: contraception and condoms	<ul style="list-style-type: none"> - Sexuality and Sexual Health 	<ul style="list-style-type: none"> • I can explain what contraception is used for. • I can explain what a condom is used for.